

## Helmet Policy for Ice Activities

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<b>Division:</b>	Parks and Recreation	<b>Approved by:</b>	Parks and Recreation Directors
<b>Date Approved:</b>	August 16, 2002	<b>Source:</b>	Parks and Recreation
<b>Date Revised:</b>	September 17, 2004	<b>Category:</b>	Parks, Forestry and Recreation
		<b>Sub-cat:</b>	Recreation

### Policy Statement

Parks and Recreation Division endeavours to create safe arenas and rinks for all participants, staff, volunteers and permit holders during skating program hours. Helmet use is encouraged at all times, in programs where there are higher risk of injury the use of CSA approved hockey helmets will be required.

### Signage

Signage at all city owned and operated indoor arenas and outdoor rinks, except at natural ice rinks will reflect this policy statement.

### Definitions

**Supervised Program:** When an instructional or a leisure skate program time is supervised/overseen by a City of Toronto staff.

**Unsupervised Program:** When a leisure skate program time is not supervised/overseen by a City of Toronto Staff.

### Staff

#### Indoor Arenas/Outdoor Rinks

- All staff that supervise leisure skate programs or supervise, instruct and referee hockey skills, shinny hockey and power skating activities will be required to wear CSA approved hockey helmets while on the ice.
- For all instructional skating staff we are strongly recommending that all staff wear CSA approved hockey helmets while on the ice.

### Participants

#### Indoor Arenas/Outdoor Rinks

- All participants (preschool, children, youth and adults) who participate in and play **supervised** Shinny hockey, hockey or power skate activities are required to wear CSA approved hockey helmets (face guard is optional but highly recommended).
- During **supervised** leisure skate programs participants under the age of six are required to wear CSA approved hockey helmets.
- During leisure skate programs, helmets are highly recommended for all other skaters.
- All participants (preschool, children, youth and adults) who participate in and play **unsupervised** Shinny hockey or in any leisure skate program, CSA approved hockey helmets with face guard are highly recommended.
- All participants (preschool, children, youth and adults) in beginner type instructional programs, when on the ice, will be required to wear CSA approved hockey helmets.
- During Instructional skate programs, helmets are highly recommended for all other skaters.
- Parents/guardians that participate in the Parent and tot programs must know how to skate.
- Participants sitting in sledges (assistive devices used on ice for persons with a disability) must wear CSA approved hockey helmets.

### Permit Group Holders

For all outside community organizations such as Hockey Groups, Leagues, Associations, and Community Groups that permit or use Toronto Parks and Recreation rinks/arenas that are not supervised by City Staff, they are to abide by their organization's guidelines and policies as they relate to the use of helmets. However, Toronto Parks and Recreation highly recommends the use of CSA approved helmets for all players/skaters while on the ice.

For bookings by private individuals or companies such as birthday parties and special events children under the age of six are required to wear CSA approved hockey helmets. All participants regardless of age, while playing or supervising hockey in an arena or rink are required to wear C.S.A. approved hockey helmets while on the ice.

