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## Swimming



### Early swim Schedules

Starting Saturday June 12, six outdoor pools in Scarborough and North York will begin early swim schedules. On Thursday June 17, six outdoor pools in Etobicoke-York and Toronto-East York will begin early swim schedules. Check the [early swim schedules](#). (PDF)

Currently, 72 splash pads are open daily until September and operate from dawn to dusk. On Saturday June 26, the City's remaining 47 outdoor pools will open along with more than 100 wading pools. Outdoor pools and wading pools will remain open for the season, until September 5.

For information on locations and hours of operation, call 311.

### Canada Day Pool Schedule

#### Outdoor Leisure swim

[North York](#) (PDF)

[Toronto & East York](#) (PDF)

[Scarborough](#) (PDF)

[Etobicoke](#) (PDF)

[ [North York](#) ] [ [Toronto & East York](#) ]  
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**Welcome to City of Toronto aquatics!** Aquatic activity is one of Canada's favourite ways to spend leisure time. Our programs offer the opportunity to learn to swim, be safe around the water and perform life saving rescues. Swimming is a great way to maintain lifelong fitness and wellness. Swimming is for life!

Toronto offers a wide variety of safe aquatic activity for people of all ages and abilities. Swimming is often ranked as the best form of exercise for all the benefits it provides from aerobic to resistance training. It is also recognised for its rehabilitative properties.

From learning a new skill to leadership development and certification, aqua-fit and water sports – check us out!

Toronto operates 230 supervised swimming facilities, including

wading pools, indoor pools and outdoor pools. Come visit one in your neighbourhood!

Swimming at select beaches is supervised by the Toronto Police Service. For more information about supervised beaches, call the Toronto Police Lifeguard Service at 416-808-5831.

Make a splash, get fit and have fun!

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## Leisure Swim Schedules

Indoor/Outdoor Pool Schedules by district

- [North York](#)
- [Toronto & East York](#)
- [Scarborough](#)
- [Etobicoke](#)

### Drop-in Leisure Swim Programs

Check with the individual sites for their specific program information. Not all pools offer all the following leisure programs.

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## Leisure Swimming

These swims are an ideal time for people of all ages to play in an aquatic setting.

### Leisure Swimming-Family

- Family swim is a quieter time for families to enjoy the pool together. Children must be accompanied by a parent/caregiver.

### Leisure Swimming-Preschool

This swim is for preschoolers and their caregivers only (maximum two preschoolers per adult). For your children's safety, caregivers must remain within arms reach of their preschoolers at all times. For preschoolers who are not yet toilet trained please refer to the general information section on page 80 for information regarding swim diapers.

**Note:** pool use may be restricted to tot pool or shared areas of the main pool.

### Lane Swim

Enjoy a refreshing swim/work out in a more structured/focussed /controlled atmosphere. Lane swimming is an excellent fitness activity that minimizes the risk of injury that is associated with some land exercises. The benefits of aquatic exercise are well documented. For safety reasons, no children are permitted on the

deck during this swim.

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## Admission Prices

### Indoor Pools Leisure Swim Fees Single Admission Prices (per swim)

|                               |     |
|-------------------------------|-----|
| Children, Youth, Older Adults | \$1 |
| Adults                        | \$2 |
| Family (max 6)                | \$5 |

### Indoor Pools Leisure Swim Punch Cards and Passes

|                                 | 10 punch<br>card | 3 months | 6 months | Annual<br>card |
|---------------------------------|------------------|----------|----------|----------------|
| Children, Youth,<br>Older Adult | \$8              | \$20     | \$32     | \$60           |
| Adult                           | \$16             | \$40     | \$64     | \$120          |
| Family                          | \$40             | \$100    | \$160    | \$300          |

Punch cards and passes are available at Community Centres and Civic Centres.

Single Admission Prices for Indoor Lane Swims

**Adult:** \$3

**Older Adults** (60+ years) when attending Lane-Older Adult Swim:

Free

**Youth:** Free

Adult Lane Swim Pass Indoor Fees (Older Adults pay half the listed price)

### Length Toronto Non-Resident Resident

|          |         |          |
|----------|---------|----------|
| 3 months | \$57.50 | \$92.50  |
| 6 months | \$90.50 | \$125.50 |
| 1 year   | \$172   | \$207    |

Adult Lane Swim Pass Indoor Fees (Older Adults pay half the listed price)

### Card Toronto Non-Resident Type Resident

|          |      |      |
|----------|------|------|
| 10 Punch | \$27 | \$62 |
| 20 Punch | \$46 | \$81 |

All adult lane swim punch cards are non transferable and can only be used by the individual who purchased them and cannot be transferred to any other Parks, Forestry and Recreation program.



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## General Information

### Change Room Age Requirements

At facilities without universal or family change rooms, children seven years of age or older are required to use the change room designated for their gender. If this is not suitable to your needs, please see facility staff so that appropriate accommodations can be arranged. Only a limited number of pools have family/universal change rooms.

### Shower Before Swimming

A thorough shower with soap before you enter the pool will help keep the water clean for your swimming enjoyment. We also ask that street shoes not be worn in the shower and deck areas.

### Standard Diapers Are Not Allowed

Preschoolers who are not toilet-trained must wear snug fitting pants over a cotton diaper or specially designed swim diapers or swim pants. Sorry, disposable diapers are not permitted.

### Use of Photographic Devices in Change Rooms and Washrooms

The use of electronic/photographic devices including cellular phones and personal digital assistants is prohibited in the change room and washroom areas of all Parks, Forestry and Recreation facilities.

### Personal Belongings

Patrons using pool facilities should not leave ANY valuables in the pool change rooms. Please take precautions to secure all items. Lockers are available at various pools.

### Acceptable Swim Wear

In order to accommodate all visitors and maintain safe programs, the term "proper bathing attire" must be redefined. In Parks, Forestry and Recreation aquatic facilities, traditional swim wear is preferred where possible; however the following criteria will be used when determining the appropriateness of attire for swimming:

- A. Clothing is clean and brought to the pool for the sole purpose of swimming. (One cannot wear their street clothes into the pool).
- B. The clothing must permit the individual to participate safely in the program. That is, every effort must be made to eliminate risk of strangulation or being weighed down to the point of incapacitation.
- C. Aquatic staff are directed to be accommodating of the needs of all patrons.

### Serious Medical Conditions

**Those with serious medical conditions should be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision. Your medical doctor should be consulted before swimming.**

### Pool Fouling

Unfortunately, on occasion, pools have to be closed in an untimely manner due to pool fouling. Health regulations require that our pools be closed anywhere from 1 to 24 hours for necessary disinfecting. If the City of Toronto is not able to make up the lesson or provide a dry land lesson, a credit will be issued. Please exercise precaution and feed your children after their

swimming program or two hours before. Have them use the washroom before entering the water and at any time during the program.

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